

# ***WELCOME***

## ***TO THE***

### ***SAFETY FIRST***

#### ***SURVEY***

**PLEASE NOTE:**

**THIS SURVEY IS CONFIDENTIAL**

- Your name is not included, and there is nothing that will associate your answers on this survey to your name.
- Your honest responses to this survey are critical to an accurate understanding of whether **YOU THINK** the new Safety First drug education curriculum is having a positive effect on your attitudes, thoughts and behaviors in response to substance use.
- This survey is meant to be **NON-JUDGEMENTAL. YOU ARE THE BEST JUDGE** about what works for you. The developers of the curriculum need an accurate understanding of your experience with these classes to know how to make it better for **YOU**.
- Please read each item carefully and respond honestly.
- **ASK IF YOU HAVE ANY QUESTIONS ABOUT ANY ITEMS.**
- **YOUR HONESTY IS MUCH APPRECIATED.**

# *Safety First: Real Drug Education for Teens Pre-Class Youth Survey*

Class Location/Date: \_\_\_\_\_

## Questions about your experiences:

(Please mark YES or NO)

- 1) Have you ever in any other programs focused on substance use? YES  NO
- 2) Have you ever gotten into a physical fight with another youth? YES  NO
- 3) Have you ever been stopped by the police?  YES  NO
- 4) Have you ever been arrested?  YES  NO
- 5) Have you ever been suspended?  YES  NO
- 6) Have you ever volunteered (e.g. providing a service like working at a soup kitchen)?  YES  NO
- 7) Have you ever stood up for a cause (e.g. speaking publicly about an issue, attending a protest)?  YES  NO

## Questions about drug response and drug policy: Check all the answers that apply.

### 8) What is harm reduction?

- Not using drugs
- Knowledge of set and setting
- Knowledge of dose and dosage
- All of the above
- I don't know

### 9) What is abstinence?

- Knowledge of dose and dosage
- Not using drugs
- Knowledge of set and setting
- All of the above
- I don't know

### 10) Describe how to identify alcohol poisoning.

- Rapid heart beat, high fever, uncontrollable shaking, fast pulse
- Difficulty breathing, rash, eyes rolled back, trembling
- Clammy skin, unresponsiveness, puking, slowed breathing
- All of the above
- I don't know

### 11) What are different types of drug policies

- Zero tolerance
- Restorative justice
- All of the above
- I don't know

**12) What are outcomes of zero tolerance drug policies?\_**

- Counseling
- Expelled from school
- Suspended from school
- All of the above
- I don't know

**13) What are outcomes of restorative justice drug policies?**

- Counseling
- Expelled from school
- Suspended from school
- All of the above
- I don't know

**14) How would you advocate for drug policies at your school or in your community?**

- Start a petition on social media**
  - Put up posters**
  - Meet with administration or local politicians**
  - All of the above
  - I don't know
-

Please circle the choice that best indicates what you think about each statement regarding substance use:

	Strongly Agree	Agree	Disagree	Strongly Disagree	I Don't Know
1) The definition of "drug" includes sugar and caffeine.	SA	A	D	SD	?
2) Reviewing one online source about a substance is enough to know its effects.	SA	A	D	SD	?
3) You should call 911 if someone is overdosing.	SA	A	D	SD	?
4) Using alcohol can cause dependence and addiction.	SA	A	D	SD	?
5) Cannabis/marijuana is safe because it is all natural.	SA	A	D	SD	?
6) People do not become dependent on cannabis/marijuana.	SA	A	D	SD	?
7) If someone drinks too much alcohol, vomits and passes out, you should let them sleep it off.	SA	A	D	SD	?
8) You can die from drinking too much alcohol at one time.	SA	A	D	SD	?
9) Alcohol is a helpful way to deal with uncomfortable feelings in the long-term.	SA	A	D	SD	?
10) Cannabis/marijuana edibles take effect immediately.	SA	A	D	SD	?
11) Zero tolerance drug policies make schools safer.	SA	A	D	SD	?
12) Oxycontin is less addictive than heroin.	SA	A	D	SD	?
13) A single injection of heroin can cause an overdose.	SA	A	D	SD	?
14) It is better not to drink water while using MDMA ("molly").	SA	A	D	SD	?
15) If you overdose on a drug you will die.	SA	A	D	SD	?
16) Crack and cocaine have different active ingredients.	SA	A	D	SD	?
17) It is legal to use someone's prescription drug if it was not prescribed to you.	SA	A	D	SD	?
18) It is safe to take Adderall and other prescription stimulants to stay awake and study.	SA	A	D	SD	?
19) The setting where someone uses a drug contributes to how safe their use is.	SA	A	D	SD	?
20) Crack is more dangerous than cocaine.	SA	A	D	SD	?
21) Drinking alcohol while on opioids makes them safer.	SA	A	D	SD	?
22) It is possible to test a substance to find out if the contents are as expected, and lower the risk of harm when using.	SA	A	D	SD	?
23) Who you use substances with affects the safety of the experience.	SA	A	D	SD	?
24) There are no benefits to substance use.	SA	A	D	SD	?

**Please read the questions carefully and mark the box that best describes your experience with substance use.**

**25) About what percent (%) of students in your grade do you think use nicotine (includes vaping, smoking or chewing tobacco)? Your best guess is fine.**

- 100%
- 90%
- 80%
- 70%
- 60%
- 50%
- 40%
- 30%
- 20%
- 10%
- None

**26) If you use nicotine (includes vaping, smoking or chewing tobacco), how often do you use?**

- 1 or more times per day
- 1 or more times per week
- 1 or more times per month
- Every 3 to 6 months
- I don't use nicotine

**27) About what percent (%) of students in your grade do you think drink alcohol (includes beer, wine or hard liquor). Your best guess is fine.**

- 100%
- 90%
- 80%
- 70%
- 60%
- 50%
- 40%
- 30%
- 20%
- 10%
- None

**28) If you drink alcohol (includes beer, wine or hard liquor), how often do you use?**

- 1 or more times per day
- 1 or more times per week
- 1 or more times per month
- Every 3 to 6 months
- I don't use alcohol

**29) About what percent (%) of the students in your grade do you think use**

**cannabis/marijuana? Your best guess is fine.**

- 100%
- 90%
- 80%
- 70%
- 60%
- 50%
- 40%
- 30%
- 20%
- 10%
- None

**30) If you use cannabis/marijuana, how often do you use?**

- 1 or more times per day
- 1 or more times per week
- 1 or more times per month
- Every 3 to 6 months
- I don't use marijuana

**31) Suppose you are offered cannabis/marijuana. What would you do in this situation?  
(Mark one box for each item)**

**Suppose: a. Your best friend is using cannabis/marijuana**

- I would definitely use cannabis/marijuana
- I would probably use cannabis/marijuana
- I would probably not use cannabis/marijuana
- I would definitely not use cannabis/marijuana

**Suppose: b. Your date is using cannabis/marijuana**

- I would definitely use cannabis/marijuana
- I would probably use cannabis/marijuana
- I would probably not use cannabis/marijuana
- I would definitely not use cannabis/marijuana

**Suppose: c. A family member offers you cannabis/marijuana**

- I would definitely use cannabis/marijuana
- I would probably use cannabis/marijuana
- I would probably not use cannabis/marijuana
- I would definitely not use cannabis/marijuana

**Suppose: d. You're at a party where everyone is using it.**

- I would definitely use cannabis/marijuana
- I would probably use cannabis/marijuana
- I would probably not use cannabis/marijuana
- I would definitely not use cannabis/marijuana

**32) Suppose you are offered alcohol (includes beer, wine or hard liquor). What would you do  
in this situation? (Mark one box for each item)**

**Suppose: a. Your best friend is using alcohol**

- I would definitely use alcohol
- I would probably use alcohol
- I would probably not use alcohol

I would definitely not use alcohol

**Suppose: b. Your date is using alcohol**

I would definitely use alcohol

I would probably use alcohol

I would probably not use alcohol

I would definitely not use alcohol

**Suppose: c. A family member offers you alcohol**

I would definitely use alcohol

I would probably use alcohol

I would probably not use alcohol

I would definitely not use alcohol

**Suppose: d. At a party where everyone is using it.**

I would definitely use alcohol

I would probably use alcohol

I would probably not use alcohol

I would definitely not use alcohol

**33) Suppose you are offered a prescription drug (e.g., Adderall, OxyContin, Vicodin, Valium, cough syrup), and you do not have a prescription:**

**Suppose: a. Your best friend is using the prescription drug**

I would definitely use the prescription drug

I would probably use the prescription drug

I would probably not use the prescription drug

I would definitely not use the prescription drug

**Suppose: b. Your date is using the prescription drug**

I would definitely use the prescription drug

I would probably use the prescription drug

I would probably not use the prescription drug

I would definitely not use the prescription drug

**Suppose: c. A family member offers you the prescription drug**

I would definitely use the prescription drug

I would probably use the prescription drug

I would probably not use the prescription drug

I would definitely not use the prescription drug

**Suppose: d. At a party where everyone is using it.**

I would definitely use the prescription drug

I would probably use the prescription drug

I would probably not use the prescription drug

I would definitely not use the prescription drug

**34) Suppose someone you knew was selling drugs, what would you do? Choose all that apply.**

**Suppose: a. Your best friend is selling drugs.**

I would tell the police

I would inform them of the possible risks

I would tell a school official

I would link them to a job counselor

All of the above

I would do nothing

I don't know

**Suppose: b. Your date is selling drugs.**

- I would tell the police
- I would inform them of the possible risks
- I would tell a school official
- I would link them to a job counselor
- All of the above
- I would do nothing
- I don't know

**Suppose: c. Your family member is selling drugs.**

- I would tell the police
- I would inform them of the possible risks
- I would tell a school official
- I would link them to a job counselor
- All of the above
- I would do nothing
- I don't know

**Suppose: d. Someone at school is selling drugs.**

- I would tell the police
- I would inform them of the possible risks
- I would tell a school official
- I would link them to a job counselor
- All of the above
- I would do nothing
- I don't know

**35) What can you do to make substance use safer for yourself and the people in your life?  
Choose all that apply.**

- Know the dose and dosage
- Know long and short term effects of substance use
- Make substance use illegal
- Know the set and setting
- Start low and go slow
- Mix substances
- Don't use drugs
- Know how to respond in an emergency
- Know the drug policy in your environment
- Test the substance to learn its contents
- All of the above
- I don't know

**DEMOGRAPHICS: Please tell us about yourself:**

How old are you? \_\_\_\_\_

What is your gender?

- Female
- Male
- Transgender
- Other

What is your family's approximate annual income level?

- Less than \$20,000
- \$20,000 to \$34,999
- \$35,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- Over \$100,000
- I don't know

Are you school lunch eligible?

- Yes
- No

What is your religion? Check all that apply.

- Christian
- Muslim
- Buddhist
- Jewish
- Agnostic
- Atheist
- Other
- I don't know
- I have no religion

Do you identify as...?

- Gay
- Bisexual
- Lesbian
- Straight
- Other

What is your race/ethnicity? Check all that apply.

- Black/African American
- Hispanic / Latino
- Native American
- Asian
- Hawaiian/Pacific Islander
- Middle Eastern
- White
- Mixed Race
- Other

What grades do you get in school?  
(Mark one)

- Mostly A's
- Mostly B's
- Mostly C's
- Mostly D's
- Mostly F's

What is the highest level of school  
you plan to finish? (Mark one)

- I may not finish high school
- I plan to finish high school
- I plan to go to vocational or trade  
school after high school graduation
- I plan to go to college
- I plan to go to graduate school or  
professional school (law, medicine)

How would you describe where you live?  
Check all that apply.

- Urban
- Suburban
- Rural
- Low income
- Working class
- Middle income
- Upper income

# *Safety First: Real Drug Education for Teens* Post-Class Youth Survey

Class Location/Date: \_\_\_\_\_

## Questions about your experiences:

(Please mark YES or NO)

- 1) Have you ever in any other programs focused on substance use? YES  NO
- 2) Have you ever gotten into a physical fight with another youth? YES  NO
- 3) Have you ever been stopped by the police?  YES  NO
- 4) Have you ever been arrested?  YES  NO
- 5) Have you ever been suspended?  YES  NO
- 6) Have you ever volunteered (e.g. providing a service like working at a soup kitchen)?  YES  NO
- 7) Have you ever stood up for a cause (e.g. speaking publicly about an issue, attending a protest)? YES  NO

Questions about drug response and drug policy: Check all the answers that apply.

## 8) What is harm reduction?

- Not using drugs
- Knowledge of set and setting
- Knowledge of dose and dosage
- All of the above
- I don't know

## 9) What is abstinence?

- Knowledge of dose and dosage
- Not using drugs
- Knowledge of set and setting
- All of the above
- I don't know

## 10) Describe how to identify alcohol poisoning.

- Rapid heart beat, high fever, uncontrollable shaking, fast pulse
- Difficulty breathing, rash, eyes rolled back, trembling
- Clammy skin, unresponsiveness, puking, slowed breathing
- All of the above
- I don't know

## 11) What are different types of drug policies

- Zero tolerance
- Restorative justice
- All of the above
- I don't know

**12) What are outcomes of zero tolerance drug policies?\_**

- Counseling
- Expelled from school
- Suspended from school
- All of the above
- I don't know

**13) What are outcomes of restorative justice drug policies?**

- Counseling
- Expelled from school
- Suspended from school
- All of the above
- I don't know

**14) How would you advocate for drug policies at your school or in your community?**

- Start a petition on social media**
  - Put up posters**
  - Meet with administration or local politicians**
  - All of the above
  - I don't know
-

Please circle the choice that best indicates what you think about each statement regarding substance use:

	Strongly Agree	Agree	Disagree	Strongly Disagree	I Don't Know
1) The definition of "drug" includes sugar and caffeine.	SA	A	D	SD	?
2) Reviewing one online source about a substance is enough to know its effects.	SA	A	D	SD	?
3) You should call 911 if someone is overdosing.	SA	A	D	SD	?
4) Using alcohol can cause dependence and addiction.	SA	A	D	SD	?
5) Cannabis/marijuana is safe because it is all natural.	SA	A	D	SD	?
6) People do not become dependent on cannabis/marijuana.	SA	A	D	SD	?
7) If someone drinks too much alcohol, vomits and passes out, you should let them sleep it off.	SA	A	D	SD	?
8) You can die from drinking too much alcohol at one time.	SA	A	D	SD	?
9) Alcohol is a helpful way to deal with uncomfortable feelings in the long-term.	SA	A	D	SD	?
10) Cannabis/marijuana edibles take effect immediately.	SA	A	D	SD	?
11) Zero tolerance drug policies make schools safer.	SA	A	D	SD	?
12) Oxycontin is less addictive than heroin.	SA	A	D	SD	?
13) A single injection of heroin can cause an overdose.	SA	A	D	SD	?
14) It is better not to drink water while using MDMA ("molly").	SA	A	D	SD	?
15) If you overdose on a drug you will die.	SA	A	D	SD	?
16) Crack and cocaine have different active ingredients.	SA	A	D	SD	?
17) It is legal to use someone's prescription drug if it was not prescribed to you.	SA	A	D	SD	?
18) It is safe to take Adderall and other prescription stimulants to stay awake and study.	SA	A	D	SD	?
19) The setting where someone uses a drug contributes to how safe their use is.	SA	A	D	SD	?
20) Crack is more dangerous than cocaine.	SA	A	D	SD	?
21) Drinking alcohol while on opioids makes them safer.	SA	A	D	SD	?
22) It is possible to test a substance to find out if the contents are as expected, and lower the risk of harm when using.	SA	A	D	SD	?
23) Who you use substances with affects the safety of the experience.	SA	A	D	SD	?
24) There are no benefits to substance use.	SA	A	D	SD	?

Please read the questions carefully and mark the box that best describes your experience with substance use.

**25) About what percent (%) of students in your grade do you think use nicotine (includes vaping, smoking or chewing tobacco)? Your best guess is fine.**

- 100%
- 90%
- 80%
- 70%
- 60%
- 50%
- 40%
- 30%
- 20%
- 10%
- None

**26) If you use nicotine (includes vaping, smoking or chewing tobacco), how often do you use?**

- 1 or more times per day
- 1 or more times per week
- 1 or more times per month
- Every 3 to 6 months
- I don't use nicotine

**27) About what percent (%) of students in your grade do you think drink alcohol (includes beer, wine or hard liquor). Your best guess is fine.**

- 100%
- 90%
- 80%
- 70%
- 60%
- 50%
- 40%
- 30%
- 20%
- 10%
- None

**28) If you drink alcohol (includes beer, wine or hard liquor), how often do you use?**

- 1 or more times per day
- 1 or more times per week
- 1 or more times per month
- Every 3 to 6 months
- I don't use alcohol

**29) About what percent (%) of the students in your grade do you think use**

**cannabis/marijuana? Your best guess is fine.**

- 100%
- 90%
- 80%
- 70%
- 60%
- 50%
- 40%
- 30%
- 20%
- 10%
- None

**30) If you use cannabis/marijuana, how often do you use?**

- 1 or more times per day
- 1 or more times per week
- 1 or more times per month
- Every 3 to 6 months
- I don't use marijuana

**31) Suppose you are offered cannabis/marijuana. What would you do in this situation?  
(Mark one box for each item)**

**Suppose: a. Your best friend is using cannabis/marijuana**

- I would definitely use cannabis/marijuana
- I would probably use cannabis/marijuana
- I would probably not use cannabis/marijuana
- I would definitely not use cannabis/marijuana

**Suppose: b. Your date is using cannabis/marijuana**

- I would definitely use cannabis/marijuana
- I would probably use cannabis/marijuana
- I would probably not use cannabis/marijuana
- I would definitely not use cannabis/marijuana

**Suppose: c. A family member offers you cannabis/marijuana**

- I would definitely use cannabis/marijuana
- I would probably use cannabis/marijuana
- I would probably not use cannabis/marijuana
- I would definitely not use cannabis/marijuana

**Suppose: d. You're at a party where everyone is using it.**

- I would definitely use cannabis/marijuana
- I would probably use cannabis/marijuana
- I would probably not use cannabis/marijuana
- I would definitely not use cannabis/marijuana

**32) Suppose you are offered alcohol (includes beer, wine or hard liquor). What would you do in this situation? (Mark one box for each item)**

**Suppose: a. Your best friend is using alcohol**

- I would definitely use alcohol
- I would probably use alcohol

- I would probably not use alcohol
- I would definitely not use alcohol

**Suppose: b. Your date is using alcohol**

- I would definitely use alcohol
- I would probably use alcohol
- I would probably not use alcohol
- I would definitely not use alcohol

**Suppose: c. A family member offers you alcohol**

- I would definitely use alcohol
- I would probably use alcohol
- I would probably not use alcohol
- I would definitely not use alcohol

**Suppose: d. At a party where everyone is using it.**

- I would definitely use alcohol
- I would probably use alcohol
- I would probably not use alcohol
- I would definitely not use alcohol

**33) Suppose you are offered a prescription drug (e.g., Adderall, OxyContin, Vicodin, Valium, cough syrup), and you do not have a prescription:**

**Suppose: a. Your best friend is using the prescription drug**

- I would definitely use the prescription drug
- I would probably use the prescription drug
- I would probably not use the prescription drug
- I would definitely not use the prescription drug

**Suppose: b. Your date is using the prescription drug**

- I would definitely use the prescription drug
- I would probably use the prescription drug
- I would probably not use the prescription drug
- I would definitely not use the prescription drug

**Suppose: c. A family member offers you the prescription drug**

- I would definitely use the prescription drug
- I would probably use the prescription drug
- I would probably not use the prescription drug
- I would definitely not use the prescription drug

**Suppose: d. At a party where everyone is using it.**

- I would definitely use the prescription drug
- I would probably use the prescription drug
- I would probably not use the prescription drug
- I would definitely not use the prescription drug

**34) Suppose someone you knew was selling drugs, what would you do? Choose all that apply.**

**Suppose: a. Your best friend is selling drugs.**

- I would tell the police
- I would inform them of the possible risks
- I would tell a school official
- I would link them to a job counselor
- All of the above
- I would do nothing

- I don't know

**Suppose: b. Your date is selling drugs.**

- I would tell the police
- I would inform them of the possible risks
- I would tell a school official
- I would link them to a job counselor
- All of the above
- I would do nothing
- I don't know

**Suppose: c. Your family member is selling drugs.**

- I would tell the police
- I would inform them of the possible risks
- I would tell a school official
- I would link them to a job counselor
- All of the above
- I would do nothing
- I don't know

**Suppose: d. Someone at school is selling drugs.**

- I would tell the police
- I would inform them of the possible risks
- I would tell a school official
- I would link them to a job counselor
- All of the above
- I would do nothing
- I don't know

**35) What can you do to make substance use safer for yourself and the people in your life?  
Choose all that apply.**

- Know the dose and dosage
- Know long and short term effects of substance use
- Make substance use illegal
- Know the set and setting
- Start low and go slow
- Mix substances
- Don't use drugs
- Know how to respond in an emergency
- Know the drug policy in your environment
- Test the substance to learn its contents
- All of the above
- I don't know

**36) What did you think of the *Safety First: Real Drug Education for Teens* curriculum?  
(Mark one box)**

- I would highly recommend it to other students
- I would recommend it with some changes
- I would not recommend it at all

If you marked "I would recommend it with some changes," please describe what you would change:

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If you marked, "I would not recommend it at all," please explain why: \_\_\_\_\_

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37) What did you like best about the curriculum? \_\_\_\_\_

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38) What did you like least about it? \_\_\_\_\_

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39) Name 3 harm reduction strategies that you will use for yourself, family or peers:

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**DEMOGRAPHICS: Please tell us about yourself:**

How old are you? \_\_\_\_\_

What is your gender?

- Female
- Male
- Transgender
- Other

What is your family's approximate annual income level?

- Less than \$20,000
- \$20,000 to \$34,999
- \$35,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- Over \$100,000
- I don't know

Are you school lunch eligible?

- Yes
- No

What is your religion? Check all that apply.

- Christian
- Muslim
- Buddhist
- Jewish
- Agnostic
- Atheist
- Other
- I don't know
- I have no religion

Do you identify as...?

- Gay
- Bisexual
- Lesbian
- Straight
- Other

What is your race/ethnicity? Check all that apply.

- Black/African American
- Hispanic / Latino
- Native American
- Asian
- Hawaiian/Pacific Islander
- Middle Eastern
- White
- Mixed Race
- Other

**What grades do you get in school?  
(Mark one)**

- Mostly A's
- Mostly B's
- Mostly C's
- Mostly D's
- Mostly F's

**What is the highest level of school  
you plan to finish? (Mark one)**

- I may not finish high school
- I plan to finish high school
- I plan to go to vocational or trade school after high school graduation
- I plan to go to college
- I plan to go to graduate school or professional school (law, medicine)

How would you describe where you live?  
Check all that apply.

- Urban
- Suburban
- Rural
- Low income
- Working class
- Middle income
- Upper income